

Kindness

Name: _____

Learning about acts of kindness and how they can make our community a better place.



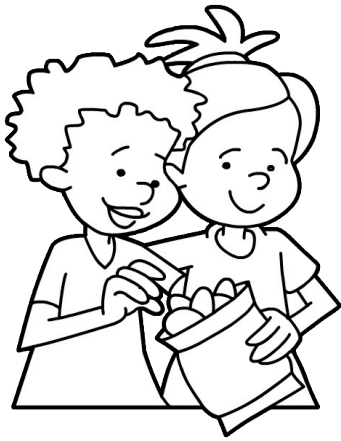
I. Colouring in activity:

Colour in the picture of a child helping another child who has fallen down.



2. Colour in and circle the kind action:

Look at the pictures below, Colour in and circle the actions that show kindness



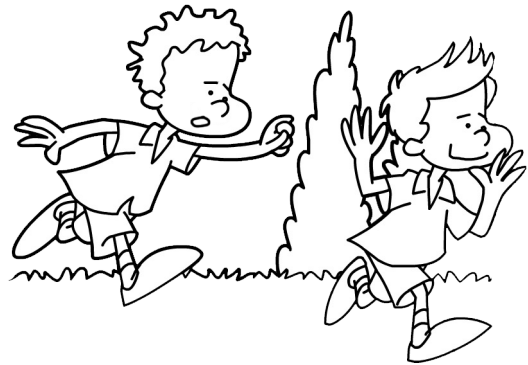
Picture A: A child sharing lunch with a friend.



Picture B: A child teasing another child.



Picture C: A child helping another carry books.



Picture D: A child ignoring someone that needs help.

3. True or False

Read the statements below and circle “True” if the action is kind and circle “False” if it is not.

- I smile at new class friends to make them feel welcome. [True / False]
- I take turns so everyone can play. [True / False]
- I keep my snacks to myself even when someone forgets theirs. [True / False]
- I say “thank you” when someone helps me. [True / False]

4. Kindness Scenarios:

Read the scenarios and draw a smiley face next to the kind choice and an X next to the unkind choice:

- **Scenario 1:** Sarah has no one to play with at break time. You ask her to join your game.
- **Scenario 2:** You see a class friend drop their crayons. You help them pick them up.
- **Scenario 3:** It's a class friend's birthday, and he's handing out cake and treats. You don't say "thank you."

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4. Kindness Pledge:

Fill in the blank spaces to complete your kindness pledge

I, _____ (write your name), promise to be kind by:

Always _____ (Action 1: e.g., Sharing, helping).

Being _____ (Trait 2: e.g., Thoughtful, considerate).

Saying _____ (Words: e.g., Please, Thank you).

Sign here: _____

5. Class discussion:

Can you think of a time when someone was kind to you? How did it make you feel?

