

Name: _____

Local Environmental Health Problems

Word Bank

malaria	covid-19	tuberculosis	measles
sanitation	cholera	influenza	hygiene
bilharzia	treatment	aids	kwashiorkor
nutrition	diarrhoea	contaminated	dehydration
temperature	chickenpox	fever	tonsillitis

Fill in the missing words using words from the word bank.



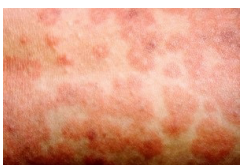
To live a healthy life we have learned that we need good _____, eating plenty of fruits and vegetables, and good _____. We need to brush our teeth twice a day, wash our hands often, bath or shower frequently, drink plenty of clean water, exercise our bodies and get enough sleep.

Sometimes germs infect our bodies and we get sick. This can happen because of unhealthy _____ in our homes or schools. This means that these places are not kept clean or safe.

Different diseases show up in our bodies in various ways. We call these symptoms. If we get sick we need to find the right _____ in order to recover.

Here is some information on diseases that we find in South Africa:

_____ is an infection caused by germs that attack the lungs and causes pain with breathing and coughing, weight loss, tiredness and sometimes coughing up blood.



If you have a blotchy rash all over your body, sensitive eyes and a high _____, these are signs that you have _____.

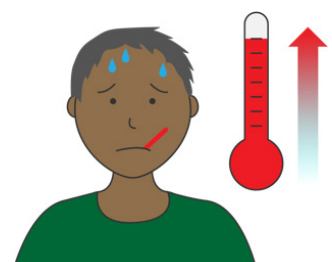


A disease spread by mosquitoes is called **malaria**.



AIDS is an illness caused by the HIV virus which attacks the immune system.

If you are suffering from _____, you will likely have a high temperature, a chesty cough and aches and pains in your body. Another word for having a high temperature is _____. If your throat is very sore and you have difficulty swallowing, earache and a cough, you are likely to have _____.





A disease that is spread by using unsafe and dirty water is called _____. This gives people _____ and causes vomiting. We say that unsafe or dirty water is _____ by germs. When you lose a lot of fluid from your body it can cause _____ which is very dangerous.

_____ symptoms are a spotty rash, painful muscles and a high temperature.



In warm and tropical parts of Africa people can get a serious disease called _____ which is caused by small worms entering the bloodstream. This can happen if a person is swimming, washing or paddling in contaminated water. The disease causes pain in the abdomen, diarrhoea and sometimes blood in the urine.

When you do not get enough to eat or the right types of food to eat, this is called malnutrition. _____ is caused by malnutrition and not enough protein in the diet.



A disease that first came about in 2019 and created a pandemic is called _____. It originated in China and swept very rapidly across the whole world.

It spreads easily when an infected person breathes, talks, sneezes or coughs sending tiny droplets into the air that can land in the nose, mouth or eyes of someone nearby. It can cause a fever, cough and trouble breathing. It is deadly in some people, especially older people above 60 years age, or those who are already suffering from another illness or condition.