

Where to find help

Several resources are available in South Africa for individuals seeking help with bullying issues. These resources provide support not only to victims but also to offer guidance for those who may be engaging in bullying behaviour.



Childline South Africa: This organisation offers a comprehensive approach to assisting children and their families or adults with concerns about children. Childline South Africa provides a toll-free helpline (116) that operates 24/7 and is accessible from all networks. They handle various issues, including physical and sexual abuse, bullying, substance abuse, and behavioural problems. More information about their services can be found on their website: Home Page - Childline South Africa (childlinesa.org.za)

Child Welfare South Africa (CWSA): CWSA focuses on child protection, childcare, and family development. They offer support for issues related to neglect and child abuse. Contact can be made via telephone (0861 4 CHILD / 011 452-4110 / 074 080 8315), email, or through their website: Home | Child Welfare South Africa (childwelfare.org.za)